

LINGALAPA

MEAT EATERS

- Steaks are tastiest and juiciest when grilled MEDIUM, MEDIUM RARE or RARE...we are happy though, to grill your steak MEDIUM WELL or WELL DONE (this does however take a fair bit longer!!!)
- Our steaks, chops and ribs are grilled with our special Linga Lapa basting and are served with either: Chips and vegetables, Chips and salad, or Vegetables and salad.
- If you are like "LG" and The McGregors who prefer steaks without basting, please tell us!
- Baked biltong and cheese sticks are served as a snack prior to various meals

BEEF, LAMB, PORK

SAUCES: Garlic or Mushroom or Pepper or Cheese

R16

FLIPPIN' TENDER FILLET

100g	R75
200g	R95
300g	R115
400g	R145
500g	R180

RAVISHING RUMP

150g	R75
200g	R90
300g	R110
400g	R130
500g	R155

PLUMP PORTERHOUSE

150g	R75
200g	R90
300g	R110
400g	R130

TREMENDOUS T-BONE

400g	R108
500g	R125
600g	R142

BIG BOYS

The Massive "Muncer-Turner" 1kg T-Bone

R245 (ONLY SERVED MEDIUM RARE or RARE)

The Revolutionary 1kg Rump

R285 (ONLY SERVED MEDIUM RARE or RARE)

COMBOS

Gents: 200g fillet and 1 lamb loin chop R150

Ladies: 100g fillet and 1 lamb loin chop R120

LINGALAPA

"TORR-MAAS MIX"

Add to your meal: 1 lamb loin chop (150g) R45 OR 100g fillet R50

LAMB LOIN CHOPS

2 chops R108
3 chops R145

LAMB BEST END CHOPS

1 chop R76
2 chops R108

"LICK YOUR FINGERS" LAMB RIBS (when available)

Braised then grilled lamb ribs. Fatty and SO flavoursome - for lamb enthusiasts only!

R98

UNBELIEVABLE PORK SPARE RIBS

1kg R190
650g R162
350g R96

KASSLER CHOPS

1 chop R65
2 chops R90

PLATTERS

- Baked biltong and cheese sticks are served as a snack prior to your meal

SENSATIONAL STEAK BOARD (SNACK FOR TWO OR MEAL FOR ONE)

300g sliced rump, pickled onions, gherkins, olives, fresh tomato wedges, mustard and rosemary salt R110

Go on...Turn this simple delight into a meat feast... Add lamb loin chop R45

Add 150g Linga wors R35

CHEESE PLATTER (SERVES TWO)

A variety of cheeses served with pickled onions, gherkins, olives, fig preserve, sweet chilli sauce, Salticrax biscuits and 2 slices homemade health bread R140

HUNGRYMAN'S BASKET

A variety of traditional German sausages (Cheesegriller, Bratwurst, Bockwurst, Knackwurst), 350g pork spare ribs, chips and Linga Lapa dip R135

LINGALAPA

CURRY

- Baked biltong and cheese sticks are served as a snack prior to your meal

LINGA'S "BETTER THAN THE BEACHFRONT" CURRY (WHEN AVAILABLE)

BEEF: 300g curry portion served off the bone with rice, sambals, chutney and a poppadum.

Spicy with absolutely fantastic flavour and medium heat!

R96

LAMB: Well what can I say... served with the same accompaniments as the beef curry BUT it's obviously lamb. We use the leg and shoulder cuts and serve it on the bone.

R106

SALADS

- Baked biltong and cheese sticks are served as a snack prior to your meal

MRS T's TROUT SALAD

2 Fillets hot smoked Bushman's River trout served with mixed lettuce, a touch of rocket, feta, onion, olives, homemade croutons and roasted garlic and thyme tomatoes

R97

Add gherkins

R7

Add basil pesto

R7

GREEK SALAD

Feta, olives, tomato, cucumber, onion, mixed greens

R52

Add 100g grilled sliced fillet

R50

Add gherkins

R7

Add basil pesto

R7

ABM* SALAD

Avo (when available), bacon, mushroom, feta, onion, olives and homemade croutons served with mixed lettuce

R85

My favourite: Add 100g grilled sliced fillet

R50

Add gherkins

R7

Add basil pesto

R7

*You thought ABM stood for Avo, bacon, mushroom... it actually stands for ABSOLUTELY BLOODY MARVELLOUS!

CHICKEN AVO SALAD

Chicken fillet grilled on order (sliced), served on mixed lettuce, with avo(when available), rocket, feta, onion, tomato, gherkins, peppadews, mushrooms, olives and homemade croutons...YUMMY!!

R86



OPEN SANDWICHES

- Baked biltong sticks are NOT served prior to the options below

Open sandwiches are served on 2 slices of homemade health bread topped with mayo, feta, tomato slices, onion, lettuce and a touch of rocket

SMOKED TROUT OPEN SANDWICH

	R56
Add avo	R18
Add gherkins	R7

BEEF FILLET, MUSTARD AND BASIL PESTO OPEN SANDWICH

100g fillet grilled on order and sliced	R72
Add 100g fillet	R50

CHICKEN FILLET AND BASIL PESTO OPEN SANDWICH

Chicken fillet grilled on order and sliced	R56
Add avo	R18
Add back bacon	R18

BEFORE WE GET TO ANY OTHER BURGERS OR TOASTIES...

HOW ABOUT THIS...

THE DAGWOOD

Two 150g Linga Lapa beef patties stacked with tomato and onion relish, cheddar cheese, two pieces back bacon, fried mushrooms, slice of tomato, lettuce and a fried egg...served with chips...DO IT...no seriously...DO IT!!

R94



THE LIGHTER SIDE OF LUNCH...OR SUPPER

- Baked biltong sticks are NOT served prior to the options below
- Tomato and onion relish, lettuce and tomato are served on all burgers and rolls
- Our burger patties are made at Linga Lapa Butchery - **each 150g of great beef!**
- **GO FOR IT...ADD A SAUCE TO YOUR BURGER!**

Beef burger & chips	R48
Double beef burger & chips	R62
Cheeseburger & chips	R54
Double cheeseburger & chips	R69
Chicken burger & chips	R48
Steak roll & chips (150g butterflied porterhouse)	R68
Wors roll & chips(150g Linga Lapa Boerewors)	R42
Lamb roll & chips	R54
Chicken fillet, chips & veg	R64
Pie, gravy & chips	R50
(Pies baked daily, enquire regarding availability - lunch only)	
Portion o' chips	R21

EXTRAS - THESE CAN BE ADDED TO ANY MEAL!

Veg portion	R21
Side salad	R18
Back Bacon (2 pieces)	R18
Mushrooms	R18
Avo (when available)	R18
Cheddar	R10
Feta	R10
Egg	R5
Gherkins	R7

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TOASTED SARMIES

- Baked biltong sticks are NOT served prior to toasted sandwiches
- A small portion of chips is served with the toasties
- Sarmies are toasted on white or brown bread

Cheese	R22
Cheese & tomato	R28
Ham & cheese	R32
Ham, cheese & tomato	R36
Bacon & cheese	R34
Bacon & feta	R38
Bacon, cheese & mushroom	R40
Bacon & egg	R36
Cheese & mushroom	R36
Chicken mayo	R34
Add side salad	R18
Add full portion o' chips	R21

DESSERTS

Chocolate Lava Pudding and ice cream	R35
Granny Mac's Lemon Cheesecake and ice cream	R34
Ice cream & chocolate sauce	R22
Dom Pedro	R32
Irish Coffee (with Jameson)	R35
Irish Coffee (using Scotch Bells...now that's Irish for you!)	R29



SUNDAY CARVERY

- You are welcome to go back for seconds
- 1 person 1 plate! No sharing please!
- No doggy bags from the carvery!
- The Carvery is limited – enquire as to availability.

**Roast leg of lamb, roast roll of beef, glazed gammon, crispy spuds, creamed spinach,
roasted butternut, Yorkshire Puddings and hearty gravy! R115**

LINGALAPA

DRINKS

HOT

Americano	R16
Espresso	R14
Double espresso	R20
Cappuccino	R20
Double shot cappuccino	R24
Latté	R21
Tea (5 roses, rooibos, earl grey)	R14
Hot chocolate	R19
Horlicks	R19
Add honey	R5
Add cream	R6

COLD

Soft drinks	R16
Soda/ Tonic/ Lemonade/ Ginger Ale/ Dry Lemon 200ml	R14
Appetiser/ Red Grapetiser	R20
Fuze Ice Tea (Peach or Lemon)	R20
Fruit juice (tropical, orange, mango)	R16
500ml Valpre (still or sparkling)	R16
Rock shandy	R27
Milkshakes (Lime, strawberry, chocolate)	R27
Frankies Cloudy Lemonade	
Traditional Ginger Beer	
Original Cream Soda	
Old Style Root Beer	
Cinnamon Cola	R22
Redbull	R27

WINES (wine by the bottle- enquire with waitress)

Glass white (bottle): Cape Atlantic Sauvignon Blanc	R27
Glass red (bottle): Cape Atlantic Merlot	R27
Glass rosé: Robertsons Natural Sweet Rosé	R19

LINGALAPA

BEERS & CIDERS

Hansa		R16
Castle Lite		R18
Castle Lager		R17
Castle Milk Stout		R18
Amstel		R18
Black Label		R17
Millers		R18
Heineken		R22
Windhoek Lager		R18
Windhoek Light	R18	
Windhoek Draught		R22
Nottingham Road Draught (Pilsner or Pale Ale)	R30	
Nottingham Road (Pickled Pig & Light Lager	440ml can)	R34
Savannah Dry or Light		R20
Hunters Dry		R20
Hunters Gold		R20
Smirnoff Spin		R20

SPIRITS

Johnnie Walker Black Label		R27
Southern Comfort		R16
Jack Daniels		R18
Jameson		R22
J&B		R18
Bells		R18
Captain Morgan Spiced Gold		R15
Captain Morgan Dark Rum		R15
Klipdrift Brandy	R15	
Richelieu Brandy		R15
Smirnoff Vodka	R15	
Mainstay Cane	R15	
Gordon's Gin		R15
Tequila Gold Jose Cuervo		R18
Caramel Vodka	R18	
Jaegermeister		R18
Amarula		R14
Kahlua		R14
Old Brown Sherry (triple tot)		R16
Monis Medium Cream Sherry	(triple tot)	R17